Rhode Island Municipal Police Academy Recruitment classes.

Click here for the RIMPA’s Basic Recruit Training Course Sample Outline,

Please notify your Recruits of the following skills needed for successful completion of the “Emergency Water Safety” block of instruction:

- Swim 200 yards continuously using 100 yards of an approach stroke (crawl or breaststroke) and 100 yards of a tow stroke (sidestroke or elementary backstroke).
- Tread water for 10 minutes.
- Surface dive to a depth of 7 to 12 feet, retrieve water rescue dummy from the bottom of the pool and return it to the surface.
- Swim a distance of 30 feet (5 body lengths), underwater.

In order to graduate from the Academy, recruits must demonstrate an ability to adequately perform the aforementioned skills.

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